Matthew Gavzy, PTA, LMT, BCTMB has been a practicing massage therapist since 1994 and a Licensed Physical Therapist Assistant since 2004. He is a Professional Member of the American Massage Therapy Association (AMTA), an active member of the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), and holds Specialty Certificates in Sports Massage and Clinical Rehabilitative Massage.

Throughout his career, Matthew has provided massage therapy services at numerous national and international sporting events, including the 1996 Atlanta Olympic and Paralympic Games, NCAA Men's Swimming and Diving Championships, ATP and WTA tennis events, AVP Professional Beach Volleyball, and major marathons.

Matthew has served on the NCBTMB Board of Directors, contributed as a national examination question writer, and participated on the Specialty Certificate Committee. He has also been selected to present at AMTA National Conventions in 2022, 2024, and 2026.

As the owner of Body Workings Massage Therapy and founder of Bridging the Gap Seminars, Matthew specializes in orthopedic massage, sports massage, chronic pain management, and continuing education. His courses focus on helping massage therapists develop stronger clinical reasoning, assessment skills, and evidence-informed approaches to care.